

# Fundamental Exercises

## Keyboards

### Singles

♩ = 50 - 140

Move to Next Scale on Beat 3

### Scales

♩ = 60 - 160

Move to Next Scale on Beat 3

### Arpeggios

♩ = 60 - 120

Start Next Key on the Downbeat

### Combo

♩ = 60 - 120

Move to Next Scale on Beat 2

### Combo Extended

♩ = 60 - 180

Move to Next Scale on Beat 2

### Chords and Inversions

Start Next Key  
on the Downbeat

$\text{♩} = 40 - 80$

### Long Vertical

$\text{♩} = 40 - 90$

Move to Next Key  
on Beat 4

### 7-7-5-5-8

$\text{♩} = 60 - 160$

# Fundamental Exercises

## Auxiliary Percussion

### Singles

♩ = 50 - 140

Move to Next Scale  
on Beat 3

### Scales

♩ = 60 - 160

Move to Next Scale  
on Beat 3

Sixteenth Note Grid  
RH or LH Lead  
Also, Choose Accents with  
Rhythmic Alphabet A-P

### Arpeggios

♩ = 60 - 120

Start Next Key  
on the Downbeat

L R L R sim.  
Singles to Doubles  
Match Dynamic Level  
Also, LH Lead

### Combo

♩ = 60 - 180

Move to Next Scale  
on Beat 2

R L R L R L sim.  
Roll Development  
RH and LH Lead  
Buzzes, Diddles, Five Strokes, Etc.

### Combo Extended

♩ = 60 - 180

Move to Next Scale  
on Beat 2

Choose A Triplet Sticking  
Also, Choose Accents with  
Rhythmic Alphabet Q-X



# Fundamental Exercises

## Drum Set

**5 Singles**  
 ♩ = 50 - 140

Marimba: R

Drumset: sim

( ) = Ghost Notes

Move to Next Scale on Beat 3

**6 Scales**  
 ♩ = 60 - 160

Mar.: 4-Way Coordination  
 Vary 1 Voice with Rhythmic Alphabet A-P (Select 1)

Dr.Set: Linear Variation  
 R L L R R L L L R Sim.

Move to Next Scale on Beat 3

**11 Arpeggios**  
 ♩ = 60 - 120

Mar.: L R L R sim.

Dr.Set: Samba Foot Pattern  
 Vary Hands with Rhythmic Alphabet A-P

Start Next Key on the Downbeat

**13 Combo**  
 ♩ = 60 - 180

Mar.: R L R L R L sim.

Dr.Set: 2

Move to Next Scale on Beat 2

**18 Combo Extended**  
 ♩ = 60 - 180

Mar.: 6/8 Afro Cuban Feet  
 Hand(s) Play Written Bell Pattern  
 OR  
 Vary Hand(s) with Rhythmic Alphabet Q-X

Dr.Set:

Move to Next Scale on Beat 2

### Chords and Inversions

Start Next Key  
on the Downbeat

23 ♩ = 40 - 80

Mar.

Dr.Set

4-Way Coordination  
Vary 1 Voice with  
Rhythmic Alphabet Q-X (select 1)

### 26 Long Vertical

Move to Next Key  
on Beat 4

26 ♩ = 40 - 90

Mar.

Dr.Set

Ride and Ride Bell

opt. Hi-Hat Foot

### 7-7-5-5-8

33 ♩ = 60 - 160

Mar.

Dr.Set

43

Dr.Set

52

Dr.Set

# Fundamental Exercises

## Piano/Synth

**Singles**  
♩ = 50 - 140

Keyboard

Move to Next Scale on Beat 3

**Scales**  
♩ = 60 - 160

Kbd.

Play In Either Hand, Or Both Hands

Eighth Note Variation

Bassline

Move to Next Scale on Beat 3

**Arpeggios**

Kbd.

Start Next Key on the Downbeat

### Combo

♩ = 60 - 180

Move to Next Scale  
on Beat 2

### Combo Extended

♩ = 60 - 180

Move to Next Scale  
on Beat 2

### Chords and Inversions

♩ = 40 - 80

Start Next Key  
on the Downbeat

### Long Vertical

♩ = 40 - 90

Move to Next Key  
on Beat 4



7-7-5-5-8

$\text{♩} = 60 - 160$

Kbd.

Kbd.

Kbd.

Kbd.

# Rhythmic Alphabet

**A** **B** **C** **D**

Musical notation for letters A, B, C, and D in 4/4 time. A: quarter note, quarter rest, quarter rest, quarter rest. B: quarter rest, quarter note, quarter rest, quarter rest. C: quarter rest, quarter rest, quarter note, quarter rest. D: quarter rest, quarter rest, quarter rest, quarter note.

5 **E** **F** **G** **H** **I** **J**

Musical notation for letters E, F, G, H, I, and J in 4/4 time. E: eighth note, eighth note, quarter rest, quarter rest. F: quarter rest, eighth note, eighth note, quarter rest. G: quarter rest, quarter rest, eighth note, eighth note. H: quarter note, quarter rest, quarter rest, quarter rest. I: quarter rest, quarter note, quarter rest, quarter rest. J: quarter rest, quarter note, quarter rest, quarter note.

11 **K** **L** **M** **N** **O** **P**

Musical notation for letters K, L, M, N, O, and P in 4/4 time. K: eighth note, eighth note, eighth note, quarter rest. L: quarter rest, eighth note, eighth note, eighth note. M: quarter rest, quarter rest, eighth note, eighth note. N: eighth note, quarter rest, quarter rest, quarter rest. O: eighth note, eighth note, eighth note, eighth note. P: quarter rest, quarter rest, quarter rest, quarter rest.

17 **Q** **R** **S**

Musical notation for letters Q, R, and S in 4/4 time. Q: quarter rest, quarter rest, quarter rest, quarter note. R: quarter rest, quarter note, quarter rest, quarter note. S: quarter rest, quarter rest, quarter rest, quarter note. Brackets with '3' indicate triplet rests.

20 **T** **U** **V**

Musical notation for letters T, U, and V in 4/4 time. T: eighth note, eighth note, eighth note, quarter rest. U: quarter rest, eighth note, eighth note, eighth note. V: quarter rest, quarter rest, quarter rest, quarter note. Brackets with '3' indicate triplet rests.

23 **W** **X**

Musical notation for letters W and X in 4/4 time. W: eighth note, eighth note, eighth note, eighth note. X: quarter rest, quarter rest, quarter rest, quarter rest. Brackets with '3' indicate triplet rests.